

Abstract

Title of Thesis

Mother of the Child with a Handicap and Her Self-Development in Connection with Art Therapy

Aim of Thesis

The aim of this work is to ascertain if the artetherapeutical self-developing groups are beneficial from the perspective of mothers with disabled children and if their social isolation reduces thanks to the collective meetings. Also if they will benefit from contacting others and sharing experiences and whether or not they can transfer necessary information and experiences with caring of a disabled child, within the artetherapeutical group activities.

Methodology

I achieved the theoretical aim of my thesis using methods of analysis and comparison of available literature. Regarding the practical part, I used the qualitative method of impersonal observation and interview with open questions.

Results

I have found out that the artetherapeutical self-developing groups are very beneficial for mothers with disabled children and that the artetherapeutical group activities are very important. These results were a major contribution to the Prague Association for Early Intervention. Now they have an attestation that it makes sense to organize the self-developing groups even when the project „I Can“ finishes.

Key words

Mother, self-development, invention, crisis, disabled child, early intervention, artetherapy